

CHEF'S BREAKFAST GRANOLA £9.5 N.D. G

Nutty granola served with Greek-style yogurt and fresh berries

BUTTERMILK PANCAKES FULL £13, HALF £6.5 E, D, G

Fresh berries, banana, mascarpone and maple syrup
Pair with crispy bacon @ £3

BRIOCHE FRENCH TOAST FULL £12, HALF £6 E, D, G

Fresh berries, mascarpone, salted caramel and maple syrup

HUEVOS TURCOS £12.75 E, Se, D, G

2 poached eggs on cumin& za'atar yogurt, sunflower seeds, smoked paprika oil, and sourdough toast Pair with grilled chorizo, Cumberland sausage or grilled bacon @ £3

EGG & AVOCADO ON TOAST £12.75 G, E, D, Sd

Crushed avocado, 2 poached eggs, crumbled feta cheese on sourdough toast & mixed leaves salad, cherry tomatoes

Pair with: smoked salmon @ £4.75

HUEVOS ROTOS £13.5 E, Sd, Mu, G*

2 fried eggs with grilled Spanish chorizo, Serrano ham, parmentier potatoes, brava and aioli sauce, rose harissa and gremolata

Pair with bloody mary on those hangover days @£12

SHAKSHUKA EGG DESAYUNO £13.5 E, D, G, Sd

2 poached eggs on spiced pepper&tomato mix, feta cheese & rose harissa with sourdough toast Pair with grilled chorizo, Cumberland sausage or grilled bacon @£3

CATALANA CON JAMON IBERICO DE BELLOTA £13 G

Grated tomato and crushed avocado on sourdough toast with Jamon Iberico and mixed leaves salad
Pair with poached or scrambled eggs @£3

SPANGLISH BREAKFAST AT LA FAROLA £13.75 E, G

Grilled Spanish chorizo or Cumberland sausage, portobello mushroom, grilled bacon, 2 fried eggs, tomato, baked beans sourdough toast

SALMON AHUMADO £13.75 G, D, F

Scrambled eggs, crushed avocado, smoked salmon, cherry tomatoes & goat's cheese on sourdough toast with mixed leaves salad

"GLUTEN FREE BREAD ALSO AVAILABLE FOR ALL DISHES UPON REQUEST"

Our bacon and Cumberland sausage from James Elliot Butcher Essex Road

FRESH JUICES (Orange / Apple / Carrot) £5.25

PEACH BELLINI / MIMOSA £10

SIDES

Eggs – poached, fried, scrambled £3
Grilled Chorizo £3, Grilled Bacon £3, Cumberland sausage £3, Crushed Avocado £3.5,
Portobello Mushroom £3, Salmon £4.75
Tortilla Classica - £9.5
Patatas Fritas - £7.75

Please note that not all ingredients are listed and we cannot guarantee any foods are completely free from allergens.

Please advise a member of staff before placing your order if you have any particular dietary requirements. A discretionary 12.5% service charge will be added to your bill to be shared amongst all staff



LUNCH PLATES & BURGERS

Mon-Fri Until 4pm

£11/Plate

(All plates are served with deep fried parmentier potatoes, Mediterranean rice, mixed leaves salad, cherry tomatoes.)

BEEF MEATBALLS G, E, [Sd]

Meatballs in Spanish tomato sauce.

GRILLED CHORIZO [E, Sd]

Grilled Spanish Chorizo with aioli and brava sauce.

CHICKEN THIGHS [N, Sd]

Grilled chicken thighs with romesco sauce.

CHICKEN WINGS [Sd]

Fried crispy chicken wings with paprika aioli.

CRISPY SQUID G, Mo, [Sd, E, Ce]

Deep fried Crispy Squid with paprika aioli.

PORTOBELLO MUSHROOM [Sd]

Roasted Portobello mushrooms, with brava sauce.

£11/Burger

(All burgers are served with lightly seasoned deep fried parmentier potatoes)

CRISPY CHICKEN BURGER [E, G, D, Sd]

Crispy battered Chicken breast with smoked paprika aioli, mixed leaves salad, gremolata & chip seasoning

6oz BEEF BURGER [E, G, L, Sd]

Grilled beef patty, aioli & brava sauce, mixed salad, gremolata & chip seasoning.

CHICKEN ROMESCO BURGER [E, G, D, Sd, N]

Grilled rose harissa chicken thigh with romesco & aioli sauce, mixed salad.

CHORIZO BRAVO BURGER [E, G, D, Sd]

Grilled Spanish chorizo with aioli & brava sauce, mixed leaves salad.

VEGAN 'CHICKEN' BURGER [G, Se]

With vegan mayo, mixed leaves salad & house seasoning

(YOU CAN ADD A SOFT DRINK or COFFEE FOR £2.75)

(CAN OF COCA COLA, DIET COKE, 7 UP, GLASS OF ORANGE/APPLE/CRANBERRY/PINEAPPLE/PEACH JUICE)

ALLERGENS KEY:

C- Crustaceans, Ce- Celery, D- Dairy, E- Egg, F- Fish, G- Gluten, P- Peanuts, Sd- Sulphur Dioxide, Se- Sesame Seeds, Mo- Molluscs, Mu- Mustard, L- Lupin, N- Nuts, N*- Nut aware, S- Soya, [] – Can be excluded

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